

# *Specials & Bar Menu*



*Available From May 8th Onwards*

We can cater for most dietary requirements  
Please speak to our team about any allergies

Many Thanks

CBM = Can be Made, VGN = Vegan

GF = Gluten Free



### Specials Starters & Lite Bites

**Spring Vegetable Soup** £ 7.85  
With Baguette Slice's ( CBM GF and VG )

**Small Mezze Plate :- Stuffed,** £ 9.00  
**Vine Leaves and Hummus**  
With Tomato, Olive and Onion Salad and  
Garlic Bread ( CBM GF and VG )

### Mains

**Homemade Shortcrust** £ 15.95  
**Pastry Pie of the Day**  
Meat, Vegetarian/VG and GF Options  
With Fresh Vegetables, New Potatoes or Creamy  
Mashed Potatoes and Gravy

**Baked Salmon with** £ 16.00  
**Pesto Cream Sauce**  
With Fresh Vegetable's, Jersey Royal New  
Potatoes and Lemon Wedge  
( CBM GF )

**Chef's Spicy Beef Curry** £ 15.95  
With Rice, Naan Bread, Mango Chutney, Mint  
Yogurt and Tomato Chutney ( CBM GF )

**Avocado, Wild Mushrooms** £ 14.75  
**and Poached Eggs on**  
**Garlic Buttered Bap**  
Topped with Cheese Sauce  
With Cherry Tomato and Bell Pepper Compote  
( CBM GF and VG )

**Homemade Haddock Fish** £ 15.25  
**Finger Sandwich with Lettuce**  
**and Tartare Sauce**  
On Farmhouse Brown or White Bread  
With Chef's Salad and Chips

**Large Cumberland Sausage** £ 16.00  
**Ring with Caramelised Onions**  
With Creamy Horseradish Mashed Potatoes,  
Garden Peas and Gravy ( CBM GF )

**Ploughman's :- Mixed** £ 14.00  
**Cheese and Farmhouse Pate**

We strive to make everything on our menu as 'homemade' as possible

We can cater for most dietary requirements  
Please speak to our team about any allergies

Many Thanks

CBM = Can be Made, VGN = Vegan

GF = Gluten Free



### Desserts

#### **Plum and Apple Crumble**

With Custard, Cream or Ice-Cream  
( we have GF and VG options )

#### **Lemon Drizzle Crispy**

##### **Meringue Sundae**

Layers of Lemon Drizzle Sponge, Lemon Curd,  
Crushed Meringue and Vanilla Ice-Cream

#### **Jamaican Pineapple, Ginger and Pecan Sponge**

With Custard, Cream or Ice-Cream

#### **Banoffee Sundae**

Layers of Vanilla Ice-Cream, Sliced Banana,  
Banoffee Toffee and Biscuit Crumb  
( CBM GF )

#### **Black Forest Chocolate Pot**

Warm Chocolate Brownie, Brandy Soaked  
Cherries, Vanilla Ice-Cream and  
Warm Chocolate Brandy Sauce

### All Desserts £6.85

#### **We also have Vegan Ice-Cream**

Vanilla and Raspberry

#### **3 Scoops of Ice-Cream      £ 6.25**

Vanilla, Chocolate and Raspberry Ripple

#### **Cheese and Biscuits for one      £ 6.85**

( CBM GF and VG )

#### **Cheese Board to Share      £ 16.85**

With Selection of Cheese, Homemade Chutney,  
Homemade Pickles, Biscuits and Breads  
( CBM GF and VG )

We strive to make everything on our menu as 'homemade' as possible





**Starter's and Lite Bites**

**\*Sandwiches on White or Multi Seeded Brown From £6.90  
White Baguette From £7.80  
All served with Side Salad**

- \*Home Cooked Ham
- \*Tuna Mayo
- \*Cheddar
- \*Vegan Cheese
- \*Brie
- \*Bacon
- \*Homemade Hummus
- \*Pork or Vegan Sausage
- \*Prawn Mayo or Marie Rose
- \*Falafel's Chilli Mayo

Extra filling's £1.75 per item : Bacon, Brie, Avocado, Cheddar, falafel, Fried Egg, Salad, Fried Onion

**Jacket Potato From £9.50  
All served with Salad**

- \*Baked Beans
- \*Cheddar
- \*Vegan Cheese
- \*BBQ Beans
- \*Prawn Mayo or Marie Rose
- \*Tuna Mayo
- \*Hummus
- \*Brie
- \*Bacon
- \*Coleslaw
- \*Sour Cream
- \*Falafel Chilli Mayo

- \*Olives, Hummus and Breads £6.85
- Thai Crab Cake's with Sweet Chilli Sauce £6.90
- \*Hot and Spicy Wings £7.50
- \*BBQ Chicken Wings £7.50
- \*Garlic and Parmesan Wings £7.50
- \*Falafels with Tomato Sauce £6.20
- \*Falafels with Curry Sauce £6.20
- \*Traditional Prawn Cocktail £7.50
- Macaroni Balls with Tomato Sauce £7.20
- Lamb Samosas with Curry Sauce £6.90
- \*Avocado, Tomato, Olives and Red Onion Salad with Balsamic Glaze and Crostini's £6.90
- \*Cheesy Nacho's :- Topped with Cheese £8.50  
With Cheesy Jalapeño Sauce, Sour Cream, Guacamole and Tomato Salsa

**Sides**

- \*Chips £4.20
- \*Cheesy Chips £4.90
- \*Parmesan and Truffle Topped Chips £5.20
- \*Wedges with Dip £4.50
- \*Side Salad £4.00
- \*Coleslaw £1.90
- \*Garlic Bread £3.20
- \*Cheesy Garlic Bread £4.00
- \*Jug of Gravy £1.20
- \*Pot of Curry Sauce £1.20
- \*Pot of BBQ Sauce £1.20
- \*Bread and Butter £1.90
- \*Baguette and Butter £2.50

**\*Ploughman's £12.00  
With Chef's Salad's, Pickles,  
Chutney and \*Bread**

Choose from :-

Ham, Brie and Cheddar

Or

Vegan Sausage, Hummus  
and Vegan Cheese

---

# Food Allergy or Intolerance?

---

If you have a food allergy, intolerance, or coeliac disease – please speak to the staff about the ingredients in your food and drink before you order.

**Thank you.**



Food  
Standards  
Agency  
[food.gov.uk](http://food.gov.uk)

*[www.southdownspantry.co.uk](http://www.southdownspantry.co.uk)*



# *The Swan Inn Falmer*



## *Southdowns Pantry*

We strive to always to make your food as 'homemade' as possible